

[6 월-1 실전대화] 다이어트 권유

A (남친): Hey love, have you ever heard about the new diet trend that's been going around these days?

6.1 Have you ever heard ~? ~을 들은 적 있어?

go around 유행하다, 돌고 있다

B (여친): Oh, not really. What's it about?

A: Well, you know, maybe we should think about trying it. Rumour has it that it's really effective.

6.6 Maybe we should V 아마도 우린 ~해야 할 것 같아.

6.11 Rumour has it that ~ 소문에 의하면 ~이라고 해.

B: Hmm, I'm not sure. I feel sorry for people who are always dieting. It seems so stressful.

6.13 I feel sorry for someone ~가 불쌍해.

cf. 6.14 I feel bad for ~해서 미안해

비교 정리)

I feel sorry vs I feel bad

(미안하다는 뜻이 아니고)

동정심을 갖는 것

해석 : 불쌍하다, 안쓰럽다

(나쁘다라는 뜻이 아니고)

죄책감을 갖는 것

미안하다(나 때문 O), 안타깝다(나 때문 X)

e.g. I feel bad for him.

그에게 미안하다, 그가 안타깝다(약한 동정심)

*if 그가 아깝게 1등을 놓쳤을 때

A: No offense, but I think you'd better give it a shot. It might make you feel healthier and more energetic.

6.9 No offense, but ~ 악의는 없어, 하지만 ~야.

6.3 You'd better V ~하는 게 좋겠어.

give it a shot 한번 시도해 보다

B: Are you trying to say something about my weight?

1.5 Are you trying to say (that) ~? 너 지금 ~라고 말하려는 거야?

A: Just because I mentioned dieting doesn't mean you need to lose weight. And the new diet that's trending these days focuses on losing weight while eating healthy.

6.8 Just because A doesn't mean B A 라고 해서 B 라는 뜻은 아니잖아.

focus on 초점을 맞추다, 중점을 두다

B: Oh, got it. Let's start with a healthy breakfast tomorrow then.

6.10 Let's start with ~ ~부터 시작하자.

(A few weeks later)

A: Babe, it seems like you've gained a bit of weight recently. What's going on?

2.25 It seems like ~ ~인 것 같아

B: Well, I did exactly what you suggested! I've been eating a lot of healthy food.

A: Yeah, even elephants munch on healthy greens.

munch on ~을 우적우적 먹다

-----수고하셨습니다 -----

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